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emulsification properties. This  
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***Microbiome von Kenny Honnas  
vor 11 Monaten 41 Minuten  
86.100 Aufrufe It's finally here.  
This is the final installment of  
my Boot Camp series. This  
episode is extremely long. I  
take a deep dive into ...***

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Fiber Rich Superfood von The  
Minister of Wellness Nathaniel  
Jordan vor 1 Jahr 13 Minuten,***

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**3 Sekunden 3.768 Aufrufe**  
**Simple Oatmeal Raisin Cookies**  
**, INGREDIENTS , : 2 cups old**  
**fashioned oats 1 teaspoon**  
**cinnamon 4 ripe bananas,**  
**peeled 1/4 cup ...**

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***4 Monaten 8 Minuten, 48  
Sekunden 523 Aufrufe In  
today's video, I walk you  
through the , foods , high in ,  
fiber , . When you eat , foods ,  
high in , fiber , , such as beans  
and whole grains, the ...***

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Health Gurus vor 7 Monaten  
55 Minuten 6.083 Aufrufe A***



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using plant , foods , , fiber , ,  
prebiotics and ...***

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***Jahren 44 Minuten 226.404  
Aufrufe Dr. Michael Greger,  
M.D. FACLM, author of the  
New York Times bestseller  
\"How Not To Die\", founder of  
Nutritionfacts.org , a ...***

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**[Why I Don't Eat Pork](#)**

***Why I Don't Eat Pork von Dr  
David Jockers vor 4 Jahren 3  
Minuten, 34 Sekunden 126.927  
Aufrufe Dr David Jockers  
explains some of the downsides***

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*of eating pork and why he does  
not recommend it to his  
clients. This clip was ...*

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**| *what I eat every week von  
Downshiftology vor 1 Jahr 9  
Minuten, 56 Sekunden***

***3.014.542 Aufrufe These are  
the anti-inflammatory , foods ,  
I eat every week to reduce***

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***inflammation in my body. An  
anti-inflammatory diet can  
help with ...***

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***What Role Does our  
Microbiome Play in a Healthy  
Diet? - with Tim Spector von  
The Royal Institution vor 1  
Jahr 37 Minuten 92.848  
Aufrufe The microbiome is the  
community of 100 trillion***



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***microbes that live in our colon  
that are like a virtual organ.  
This organ is key to our***

**[Lemon Chicken with Smashed  
Sweet Potato | Jamie Oliver](#)**

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***Lemon Chicken with Smashed  
Sweet Potato | Jamie Oliver von  
Jamie Oliver vor 3 Jahren 3  
Minuten, 13 Sekunden  
1.127.790 Aufrufe We've got  
both sweet and sour covered  
here as Jamie serves up some***

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***succulent griddled chicken  
with a lemon spice dressing.***

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***Weight 4K von SpezialFam vor  
2 Wochen 1 Stunde, 3 Minuten  
3.116 Aufrufe This diet video is  
covering many different kind  
of losing weight technique you  
can learn, explore, and  
discover. To read all the ...***

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**Liping Zhao, Rutgers**

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***Microbiota and Food as  
Medicine von Christian-  
Albrechts-Universität zu Kiel  
vor 5 Monaten 39 Minuten 197  
Aufrufe In this contribution to  
our host-microbe interview  
series, CRC 1182-speaker***

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***Thomas Bosch talks to Liping  
Zhao, Rutgers ...***

**[The Story of Cosmetics](#)**

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***10 Jahren 8 Minuten, 18  
Sekunden 2.696.585 Aufrufe  
The Story of Cosmetics,  
released on July 21st, 2010,  
examines the pervasive use of  
toxic chemicals in our everyday  
personal care ...***



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Talks at Google vor 4 Jahren 1  
Stunde, 21 Minuten 860.234***

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***Aufrufe Dr. Greger visited  
Google NYC to discuss his new  
, book , - How Not to Die. The  
vast majority of premature  
deaths can be prevented ...***

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